

Name _____ Birthdate _____

Medication Allergies _____ Sex: Male _____ Female _____

Please place a checkmark on blank beside and condition DIAGNOSED BY A DOCTOR OR OTHER PROVIDER, and indicate the date of onset. Leave all others BLANK.

CONDITION	DATE	CONDITION	DATE	CONDITION	DATE
Metabolic/Hormonal disorders		Kidney and bladder disorders		Lung disorders	
Cholesterol dis.	_____	Kidney stones	_____	Asthma	_____
Diabetes	_____	Kidney failure	_____	Bronchitis/COPD	_____
Gout	_____	Prostate problems	_____	Emphysema	_____
Menopause	_____	Freq. Infections	_____	Other (list)	_____
Thyroid problems	_____	Other (list)	_____		
Other (list)	_____				
Ears, eyes, nose and throat		Bone and Joint disorders		Mental and Nerve disorders	
Cataracts	_____	Amputations	_____	Anxiety	_____
Glaucoma	_____	Arthritis	_____	Dementia	_____
Deaf _____ Blind _____		Bone or joint infection	_____	Depression	_____
Allergies	_____	Osteoporosis	_____	Epilepsy/seizure	_____
Other (list)	_____	Other (list)	_____	Meningitis	_____
				Migraine	_____
Stomach and Digestive disorders		Blood or clotting disorders		Multiple sclerosis	_____
Colitis	_____	Anemia	_____	Parkinsons	_____
Hemorrhoids	_____	Bleeding problems	_____	Severe head injury	_____
Reflux/Esophagitis	_____	Transfusion	_____	Other (list)	_____
Gastritis/Ulcers	_____	Other (list)	_____		
Gallstones	_____			Other disorders	
Pancreatitis	_____	Cancers		Lupus	_____
Diverticulosis	_____	Cervix	_____	Sarcoid	_____
Other (list)	_____	Colon	_____	Fibromyalgia	_____
		Head and neck	_____	Chronic fatigue	_____
Skin disorders		Leukemia	_____	Other not previously listed	_____
Acne	_____	Lung	_____		
Eczema	_____	Lymphoma	_____		
Psoriasis	_____	Prostate	_____	Medications	
Rosacea	_____	Uterus	_____	Name	Dose
Other (list)	_____	Other (list)	_____		
Heart and Circulation disorders		Infections			
Angina	_____	AIDS/HIV	_____		
Blood clots	_____	Chlamydia	_____		
High blood pressure	_____	Gonorrhea	_____		
Heart Attack	_____	Herpes	_____		
Heart failure	_____	Hepatitis B C	_____		
Heart Murmur	_____	Rheumatic fever	_____		
Stroke	_____	Syphilis	_____		
Other (list)	_____	Tuberculosis	_____		
		Other (list)	_____		

SURGERIES AND MAJOR PROCEDURES – please check appropriate box and the DATE you had surgery or procedure.

Removal: Appendix Tonsils Breast Spleen
Kidney Uterus (womb) Gallbladder Thyroid
Stomach Tubes tied Vasectomy
Back/joint surgery (specify joint) _____
Cardiac Catheterization Coronary stent Coronary Bypass surgery

Other surgeries/Procedures _____

REVIEW OF SYSTEMS – check symptoms you have – leave BLANK if not applicable.

- 1 Unexplained weight loss 7 Loss of consciousness 13 Vomited blood 19 Breast lumps
- 2 Persistent headaches 8 Lumps in testicles 14 Lose urine or slow urine 20 Recurrent belly pain
- 3 Persistent cough 9 Recurrent fever 15 Problems w/ erection 21 Persistent diarrhea
- 4 Sores that won't heal 10 Recurrent sore throat 16 Paralysis of any part 22 Abn. Vaginal bleed
- 5 Blood in bowels 11 Cough blood 17 Night sweats 23 Loss of vision
- 6 Blood in urine 12 Moles that changed 18 Persistent chest pain 24 Suicidal thoughts

(NI=normal; Abnl=abnormal)

WOMEN – Latest mammogram _____ Normal _____ Abnl _____ ; Last Papsmear _____ NI _____ Abnl _____

Age at Menopause _____ #Pregnancies _____ Maternal Substance Use: _____

Abortions _____ Miscarriages _____ Living children _____ Blood Exposure/Transfusion Yes, Date: _____

FAMILY HISTORY – please indicate which illnesses and which family member is/was affected.

M=Mother F=Father S=Sibling GM=Grandmother GF= Grandfather P=Paternal MGM=Maternal Grandmother

- Alcoholism _____ Cancer _____ DES _____ High blood pressure _____ Thyroid disease _____
- Asthma _____ Breast _____ Kidney disease _____ Suicide _____
- Bleeding disorders _____ Cervix _____ Mental illness _____ Does your spouse/partner or close family member have: HIV TB
- Diabetes _____ Colon _____ Migraine _____ Hepatitis B C
- Epilepsy _____ Lung _____ Osteoporosis _____
- Heart disease _____ Pancreas _____ Stroke _____

IMMUNIZATION HISTORY-check which vaccines you have had as an adult, with dates.

- Tetanus _____ Pneumonia (Pneumovax) _____ Varicella _____
- Hepatitis A _____ Hepatitis B _____ MMR _____

Have you ever had a positive TB skin test Yes _____ No _____ When? _____ Date of latest neg. _____

SOCIAL HISTORY AND RISK ASSESSMENT

Education level attained: _____ Grade _____ High School Grad. _____ College _____ Degrees Type _____

Usual Occupation _____ If unemployed, date last worked _____

Marital Status: _____ Married _____ Divorced _____ Single _____ Separated _____ Widowed _____

HABITS - checkmark if yes, leave BLANK if none or no.

Smoking: amt: _____ How Long? _____ Year quit _____ Chew/Dip _____

Alcohol (Beer, Wine, Liquor) _____ Occasionally _____ Daily: Number drinks/beers per day _____

Have you ever felt the need to CUT DOWN on drinking? Yes _____ No _____

Have you ever felt ANNOYED when someone criticized your drinking? Yes _____ No _____

Have you ever felt GUILTY about drinking? Yes _____ No _____

Do you ever need an EYE OPENER drink in the morning? Yes _____ No _____

Regular exercise Type _____ How often? _____

Drug use: _____ never _____ Cocaine _____ IV Drugs _____ Presently _____ Previously _____ Year quit _____

Brush teeth daily _____ wear sunscreen/protection _____ Wear seat-belts _____ Secure guns/ammo _____

Sexually active _____ one partner _____ more than one partner _____ partner of same sex _____

Partner practiced needle drug use _____ Partner had sex with someone of same sex _____

In the past year, were you hit, slapped, kicked, pushed or otherwise physically hurt by someone? Yes _____ No _____

In the past year, has anyone forced you to have sexual activities? Yes _____ No _____

The answers provided above is the history that I want my provider to know about. Any blank responses are purposefully left blank.

Signature, Patient _____ Date _____

Signature, Physician/provider _____ Date _____

RISK MANAGEMENT PLAN – Review of history indicates need for intervention in (enter date and initial):

- 1. Cardiovascular risk
- 2. Immunization update
- 3. Substance abuse
- 4. STD Prevention
- 5. Safety/Violence
- 6. Exercise/Nutrition
- 7. Preventive Health Issues
- 8. Medical History Update

Date	Initial	Date	Initial	Date	Initial